



# ICTF Open Inter-continental Championships 2010

## Coloured Belt Competition Entry Form

Please fill in the details as requested below :-

Competitors Full Name	
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**NOTE: The divisions for sparring are based on weight. Please ensure that the correct weight is selected. Any competitor who is not at the correct weight will not be allowed to compete in sparring. Sparring will be continuous for ALL GRADES.**

Please enter a tick ( ✓ ) into the correct box, for the following sections.  
(Hint : Use Copy and Paste for the above tick if using MS Word.)

### Individual Competitors Details

Category	Junior Male	Junior Female	Adult Male	Adult Female
Please tick box				

Event competing in	Patterns	Sparring	
Please tick box (es)			

Grade	Yellow Belt (8 <sup>th</sup> – 7 <sup>th</sup> Kup)	Green Belt (6 <sup>th</sup> – 5 <sup>th</sup> Kup)	Blue Belt (4 <sup>th</sup> – 3 <sup>rd</sup> Kup)	Red Belt (2 <sup>nd</sup> – 1 <sup>st</sup> Kup)
Please tick box				

If competing in Sparring, please enter weight division that you will be entering :-

<b><i>Sparring</i></b>	Bantam Weight	Fly Weight	Light Weight	Welter Weight	Middle Weight	Heavy Weight	Hyper Weight
Please tick box							

The weight divisions are shown on the second page.

**ENTRY FORMS MUST BE RETURNED TO YOUR INSTRUCTOR NO LATER  
THAN 16th. JUNE 2010**



**ENTRY FORMS MUST BE RETURNED NO LATER THAN 19th. JUNE 2010**

Passports will need to be shown at the weigh in. Competitors will need to be at the correct weight for their event at the time of the weigh in, in order to qualify. Competitors who do not meet the correct weight for their division, will have a final opportunity to weigh in up to 24 hours after the official weigh in, after which time they will be eliminated for that part of the competition.

**Definition of Weight Divisions**

**Juniors**

<i>Sparring</i>	Bantam Weight	Fly Weight	Light Weight	Welter Weight	Middle Weight	Heavy Weight	Hyper Weight
Junior Male	≤39	39 - ≤46	46 - ≤53	53 - ≤60	60 - ≤67	67 - ≤74	>74
Junior Female	≤36	36 - ≤43	43 - ≤50	50 - ≤57	57 - ≤64	64 - ≤71	>71

**Adults**

<i>Sparring</i>	Fly Weight	Light Weight	Middle Weight	Heavy Weight	Hyper Weight	Super Weight
Male	≤63	63 - ≤69	69 - ≤75	75 - ≤81	81 - ≤87	>87
Female	≤53	53 - ≤60	60 - ≤67	67 - ≤74	>74	

All weights are shown in Kg.

Please Note:

Coloured belt adults are defined as those people who are aged 16 or over on the day of the event.

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